



Over 50% of pets are overweight^{1,2}

Ask your vet if your dog is at their ideal weight.

UNDERWEIGHT	IDEAL WEIGHT	OVERWEIGHT	OBESE			
						
Ribs Visible with little to no fat cover.	Ribs Slightly visible with a thin fat cover. Easily felt.	Ribs Under a moderate fat cover. Not easily felt.	Ribs Under a thick fat cover. Progressively difficult to feel.			
Shape from above Waist is prominent.	Shape from above Waist is evident but not prominent.	Shape from above Little to no waist is visible. Back is slightly broadened.	Shape from above Waist is not evident. Back is extremely broadened.			
Shape from the side Abdominal tuck is prominent with little to no tummy.	Shape from the side Abdominal tuck is evident.	Shape from the side Little to no abdominal tuck is evident. Fat may be covering tail base.	Shape from the side Rounded tummy is prominent. Thick fat cover over tail base.			

¹Toll PW, Yamka RM, Schoenherr WD, et al. Obesity. In: Hand MS, Thatcher CD, Remillard RL, et al., eds. *Small Animal Clinical Nutrition*, 5th ed. Topeka, KS: Mark Morris Institute; 2010:501-542.

²2018 Pet Obesity Study. Association for Pet Obesity Prevention.



Over 50% of pets are overweight^{1,2}

Ask your vet if your cat is at their ideal weight.

UNDERWEIGHT	IDEAL WEIGHT	OVERWEIGHT	OBESITY			
Ribs Visible with little to no fat cover.	Ribs Slightly visible with a thin fat cover. Easily felt.	Ribs Under a moderate fat cover. Not easily felt.	Ribs Under a thick fat cover. Progressively difficult to feel.			
Shape from above Waist is prominent.	Shape from above Waist is evident but not prominent.	Shape from above Little to no waist is visible.	Shape from above Little to no waist is visible.			
Shape from the side Abdominal tuck is prominent. Little to no abdominal fat pad.	Shape from the side Abdominal tuck is evident. Abdominal fat pad is minimal.	Shape from the side Rounded tummy. Abdominal fat pad is slightly sagging.	Shape from the side Rounded tummy. Abdominal fat pad is noticeably sagging.			

¹Toll PW, Yamka RM, Schoenherr WD, et al. Obesity. In: Hand MS, Thatcher CD, Remillard RL, et al., eds. *Small Animal Clinical Nutrition*, 5th ed. Topeka, KS: Mark Morris Institute; 2010:501-542.

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